Family Newsletter

THIS MONTH'S THEME

Friends & Feelings

This month, your child will learn new ways to make friends, talk to friends, be respectful of differences and express their feelings. Watch for exciting art to come home throughout the week. Take time to ask why and how your child made the

projects. Your child will also bring home games and books.
Play and read together. The month is full of discovery, communication and friendship.



Look for the daily notes about your child's art projects!



How was your day?

Start a conversation about your child's work

Each month, your child will be creating art, participating in classroom projects and sharing what they learned. Watch for exciting activities to come home and use them as communication tools to talk to your child about what they are learning.

Try asking these questions to learn more about your child's experiences:

- 1. Can you show me your favorite part of this project?
- 2. How did you make it?

3. Who else made a similar project? What else did you do with that friend?

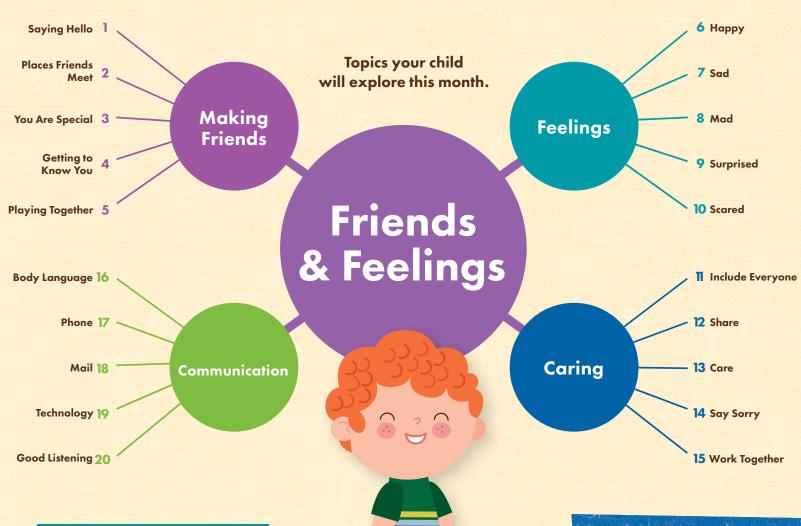
It is often difficult for children to find the words to express their ideas or feelings. Use movement or visual aids to help your child show you their choices or feelings. Use this minitheme poster and ask your child to point to the way they felt during different parts of their day. Ask, "How did you feel during circle time? Snack time? Nap time?"



If desired, capture the information on the back before cutting.



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RECOMMENDED READS

Cudale Up WITH A GOOD BOOK

My Friend Is Sad by Mo Willems

Feelings by Aliki

What Is a Friend? by Etan Boritzer

The Way I Feel by Janan Cain

We Are Best Friends by Aliki

Being Friendsby Karen Beaumont



How do you feel?

(Sing to the tune of "Frère Jacques")

Talk to your child about how things make him feel.

Sing this song together as you change
your face to match the feeling.

Are you sad? Are you sad?
My dear friend, my dear friend.
Tell me what is wrong,
tell me what is wrong.
Are you sad? Are you sad?

Are you happy? Are you happy?
My dear friend, my dear friend.
We'll sing and dance together,
We'll be friends forever.
Are you happy? Are you happy?

Family Activities

Dear Friend

Write a letter to a family friend or neighbor and invite them to write back. Take a walk to the mailbox and mail the letter. Check the mail each day. Look at the mail and discuss where it came from.

